



勝元主席語録

THE LITTLE RED

DAO OF AJATT

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by Chairman Khatzumoto



0. Mental Tools

全日全時人民自由出版

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O.1 For the Start of the Journey



How to Accomplish Great Things: Small Victories, Winnable Games



- Humans love short, tangible, winnable games.
- Using an SRS reduces Japanese to a game.
- Stop trying to finish.
- You CAN'T "finish" a task. You can START a task. It finishes itself.
- Just focus on doing and enjoying what you're doing right now.

Comfort Zone, Growth Zone, Panic Zone and Situational Goals: Life Is Easier Than You Think



- What you think is your comfort zone is probably your growth zone.
- Rather than setting a goal to do the right thing, set a goal to be in the right place.
- Set a goal to show up. No more.
- Don't work to achieve something. Work to set up conditions.
- Let the environment do the work for you.

Aim To Fail



- Massive failure is the key to success.
- No meaningful success seems to come without hearty doses of small, cheap failures.
- Failure needs to be celebrated. It needs to be sought actively.
- Find or build a mechanism that allows you to fail *a lot*.
- Plow ahead. Ignore your failures. Focus on your successes and build off them.

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